

“Healthy cell membranes equal efficient cell communication”.

Hugo Rodier, MD



“FrequenSea is a super food. It contains practically all the nutrients necessary to sustain life. You may be trying to rely on piecemeal information, and complicated nutrition/supplement regimens, such as multiple pills and capsules of isolated vitamins.

The high density of nutrients is found in algae, particularly Marine Phytoplankton is extremely important. Perhaps the most important is that these nutrients maintain human cell membranes in structure and function. This is vital for cell detoxification, and for overall metabolism of human cells. In fact, the causes of diseases have been simplified to every specific mechanisms, all of which center on cell membrane function and structure.

Inflammation, Oxidation, Toxicity, and Mitochondrial dysfunction keep cell membranes from doing their job effectively. Algae contain high levels of antioxidants, and anti-inflammatory micronutrients to fuel metabolism and detoxification. They also stoke the fires of the Mitochondria, where cells make energy required to carry out their function. Of course, photosynthesis is the mechanism whereby plants in general and algae in particular, harness life-sustaining solar energy.

Consider switching to FrequenSea. I emphatically recommend that we use whole foods, not vitamin supplements ("essential nutrients: food or supplements. Where should the emphasis be?" American Medical Association 2005;294:351.) One of the main benefits of FrequenSea is to improve cell membranes. This will not only lead to better cell communication, and better metabolomics, but also to the repair of intestinal function.” - Hugo Rodier, M.D.