

A Young Heart

with L-Arginine

Cardiovascular Disease & Nitric Oxide

(from "NO More Heart Disease" by Dr Louis J. Ignarro)

Cardiovascular Disease Facts:

- Cardiovascular Disease includes **HIGH BLOOD PRESSURE, HYPERTENSION, ARTERIAL PLAQUE, ATHEROSCLEROSIS, HEART ATTACK & STROKE**
- You cannot **"feel"** high blood pressure.....this absence of symptoms makes it very dangerous
- **HIGH BLOOD PRESSURE** silently injures the endothelium (arterial lining)..... leading to **reduced Nitric Oxide production**.....leading to **inflammation**.....leading to **atherosclerosis & arterial plaque**leading to **potential rupture, occlusion, heart attack, stroke AND death!**
- **HYPERTENSION** can also enlarge the heart, trigger a heart attack or stroke and set the stage for kidney cancer.



Nitric Oxide's Role:

- **"Nitric Oxide (NO)** is the body's natural way to protect against heart disease.....provided we make **ENOUGH** of it!" ~ Dr Louis Ignarro
- **Nitric Oxide** is crucial to the well-being of your cardiovascular system
- **Nitric Oxide** dilates the smooth muscle of the blood vessels allowing blood to flow easily and lowering **BLOOD PRESSURE**
- **Nitric Oxide** protects against **HEART ATTACK** by lowering blood pressure & cholesterol and improving circulation
- **Nitric Oxide** protects against **STROKE** by preventing the formation of blood clots & keeping the arteries free of plaque
- **Nitric Oxide** influences the functioning of virtually every human organ

You **CANNOT** take **Nitric Oxide** as a supplement.....it must be manufactured in the arteries from **L-Arginine** in combination with other specific supporting nutrients